

# CHESHIRE COUNTY 19th JUNIOR GRADED MEET

SE Licensed Meet Level 3

Licence No –

(under SE Laws & SE Technical Rules)

**Macclesfield Leisure Centre**  
**Sunday, 8th December 2024**

## **PROGRAMME OF EVENTS**

***All Events H.D.W.***

**Session 1 Warm up: 10.30am**

**Start: 11.30am**

Event	B/G	Age	Distance	Stroke
101	Female	9 -12yrs	100m	Individual Medley
102	Open/Male	9 -12yrs	100m	Individual Medley
103	Female	9 -12yrs	50m	Freestyle
104	Open/Male	9 -12yrs	50m	Freestyle
105	Female	9 -12yrs	50m	Breaststroke
106	Open/Male	9 -12yrs	50m	Breaststroke
107	Female	9 -12yrs	200m	Freestyle

**Session 2**

**Warm up: 1.45pm**

**Start: 2.45pm**

Event	B/G	Age	Distance	Stroke
201	Open/Male	9 -12yrs	200m	Individual Medley
202	Female	9 -12yrs	200m	Individual Medley
203	Open/Male	9 -12yrs	50m	Backstroke
204	Female	9 -12yrs	50m	Backstroke
205	Open/Male	9 -12yrs	50m	Butterfly
206	Female	9 -12yrs	50m	Butterfly
207	Open/Male	9 -12yrs	200m	Freestyle

Entry : £5.00 using Sportssys. ALL entries to come via their Clubs.

Poolside Pass: £10.00 (max 3 per club on pool side)

Age as at 8th December 2024

Medals for first three in each event per age group.

50m events : top 3(not exceeding upper qualifying times) in 12 yrs, 11 yrs, 10 yrs, 9 yrs

100m events: top 3(not exceeding upper qualifying times) in 12 yrs, 11 yrs, 10 yrs, 9 yrs

200m events: top 3 (not exceeding upper qualifying times) in 12 yrs, 11 yrs, 10 yrs, 9 yrs

Speeding Tickets will be given to swimmers going faster than the stated **upper limit** qualifying time in their age group.

No presentations. All medals and Speeding tickets to be collected from the medal desk.

**Open to any swimmer from a club** (including those with swimmers with disabilities)  
**affiliated to Cheshire County W.P.&S.A**



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**DATE:** Sunday 8th December 2024

**VENUE:** Macclesfield Leisure Centre, Priory Lane, Macclesfield

The pool is an eight lane 25 metre pool with anti-wave lane ropes.  
Electronic Timing with full display board is installed.  
A 17m pool will be available for warm-up and swim-down, this facility is provided on the understanding that swimmers are the responsibility of their Coach/Team Manager. If swimmers abuse the facility, it will be withdrawn.  
STRICTLY NO DIVING into this pool

<b>SESSIONS:</b>	Session 1	Warm up:	10.30am	Start:	11.30am
	Session 2	Warm up:	1.45pm	Start:	2.45pm

\*\*\*PLEASE NOTE This competition will be run ON A FIRST COME BASIS

Notice of withdrawal on the day must be registered no later than 45 minutes prior to the start of the session (i.e. at the start of the warm up session)

Warm up:	Session 1	-	Female first
	Session 2	-	Open/Male first

<b>EVENTS:</b>	9 years	50m	All strokes plus 100m Individual Medley
	10 years	50m	All strokes plus 100m Individual Medley
	11 years	50m	All strokes plus 100m Individual Medley
	12 years	50m	All strokes plus 100m Individual Medley
	9-12years	200m	200m Individual Medley & 200m Freestyle

### Age as at 8th December 2024

'Over the Top' starts may be used except for Backstroke events.

**HEATS:** All events will be Heat Declared Winner (HDW)

**AWARDS:** There will be awards to the first three not exceeding the upper qualifying time in each individual age.  
All swimmers achieving a time faster than the upper level qualifying time will be sentenced to a 'Speeding Ticket'

**ENTRIES:** The entry fee is £5.00 per event if supported by Sportssys and must be sent from the club.

Times must have been achieved from 7<sup>th</sup> December 2023

Swimmers must not be faster than the Upper times.

Poolside pass. Pass is £10.00 including Heat Start Sheets. Coaches will not be allowed on poolside without a pass. Maximum 3 per club on poolside  
It is mandatory that all Coaches comply with the relevant SE Child Protection Procedures and have an up to date CRB certificate

Clubs are requested to supply licensed officials, if possible, for the competition as follows:-

a). Clubs entering 5 swimmers or under – none requested but would be appreciated.

- b). Clubs entering 5-10 swimmers - request - 1 licensed official
  - c). Clubs entering 11-20 swimmers - request - 2 licensed officials
  - d). Clubs entering over 20 swimmers-request - 3 licensed officials
- For each licensed official per session, clubs will be rewarded with a free poolside pass (maximum 3 passes).  
A list of the licensed officials, stating qualifications and session/s available to be submitted with the paper entries.

**\*PLEASE NOTE\* Failure to have enough officials will mean that times recorded by swimmers will not be accepted for SE rankings.**

**Club entries must be Electronic via Sportssystems Entry Manager V2.  
Entry files available on the Cheshire website.  
Sportssystems entries to: [swimchamps@swimcheshire.org](mailto:swimchamps@swimcheshire.org)**

**CLOSING DATE:** Latest Tuesday 12th November 2024 or earlier if the meet is fully subscribed.

Copy of paper entries required – can be sent via E mail to  
[val.gawsworth@talktalk.net](mailto:val.gawsworth@talktalk.net).

*Accepted entries will be posted on the Cheshire Website.*

**CAR PARKING:** Extensive car parking is available within the Leisure Centre grounds. Please park in the designated areas. Do not park on any yellow lines or cause an obstruction as parking wardens operate around the Centre.

**CAFE/BAR:** Café will be available during the day.

**SWIM SHOP** No swim shop

**SPECTATORS:** Doors will open to the spectator gallery at 10.15 am.  
£5.00 Admission price will be for the day .  
No refunds for session not attended.

**If you require any further information please do not hesitate to contact Val Mellor on 01625 427297**

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## Information Sheet

1. The competition will be held under SE Laws and SE Technical Rules.
2. Entry is open to any swimmer who is a member of a club affiliated to Cheshire County W.P.&S.A.
3. Heats are arranged according to submitted entry times.
4. The warm ups will be split - 20 minutes each. Female will warm up first in Session 1. Open/Male will warm up first in Session 2.

**Coaches must be responsible for their swimmers during warm up.  
The small pool will be available for warm up and swim down only.  
Strictly No Diving in the Small Pool.**

If this facility is abused it will be withdrawn. It will be the responsibility of the Coaches to ensure that their swimmers use the small pool for the purpose intended.

5. **\*\*\* PLEASE NOTE this year ENTRIES WILL BE ON A FIRST COME BASIS**
6. **WITHDRAWALS PRIOR TO SUNDAY**  
**Send a text message to telephone no. 07960 392769 stating NAME, CLUB & EVENTS(S) that he/she is withdrawing from at any time.**
7. **WITHDRAWALS ON SUNDAY**  
**All other withdrawals must be made on Sunday**  
*either*  
by leaving a text message on telephone no. 07960392769 stating NAME, CLUB AND EVENT(S) that he/she is withdrawing from;  
*or*  
at the pool, by filling in a withdrawal form, which will be available from the competitors' stewards. There will be separate forms for Males and Females.  
**WITHDRAWALS WILL NOT BE ALLOWED ONCE THE WARM UP FOR THAT SESSION HAS STARTED**  
Please note: Swimmers who do not withdraw officially and miss a race will be taken out of any further races.
8. **'OVER THE TOP'** starts may be used for all events except backstroke events. This means that at the end of a race the swimmer may have to stay in the water until after the start of the next race.  
All swimmers must **leave the water BY THE SIDE of the pool.**  
**A strobe light is available if required.**
9. No presentation ceremonies will be held. Swimmers should collect their medals/Speeding tickets from the medal desk. **Please check the result sheet and listen to the announcements.**
10. Swimmers are advised not to leave their clothing or other articles in the changing rooms as neither the promoters nor the Leisure Centre management can accept responsibility for loss or damage. Please use the lockers provided.
11. Please use the litter bins around the pool hall. Hot and Cold snacks may be available in the Cafe from 10.00am throughout the event.
12. Poolside passes should be collected from the poolside (deep end). Heat start sheets will be issued for each session.
13. The promoters reserve the right to refuse admission to any competitor or spectator.
14. *Any entries not accepted will be refunded in full.*
15. Anything not covered in the above will be at the discretion of the promoters. Any further queries, please contact

## Consideration Times

**FOR VALID ENTRIES SWIMMERS MUST HAVE NOT ACHIEVED THE UPPER TIME LIMITS**

		9 years	10 years	11 years	12 years
<b>Open/Male</b>		<i>50m</i>	<i>50m</i>	<i>50m</i>	<i>50m</i>
<b>Backstroke</b>	Upper	40.00	38.00	38.00	34.00
	Lower	<b>1.00.00</b>	<b>59.00</b>	<b>58.00</b>	<b>55.00</b>
<b>Breaststroke</b>	Upper	48.00	44.00	44.00	39.00
	Lower	<b>1.06.00</b>	<b>1.03.00</b>	<b>1.02.00</b>	<b>57.00</b>
<b>Butterfly</b>	Upper	44.00	37.00	37.00	34.00
	Lower	<b>1.03.00</b>	<b>1.00.00</b>	<b>59.00</b>	<b>55.00</b>
<b>Freestyle</b>	Upper	36.00	31.00	31.00	29.00
	Lower	<b>50.00</b>	<b>49.00</b>	<b>48.00</b>	<b>43.00</b>
<b>Freestyle-200m</b>	Upper	2.45.00	2.40.00	2.40.00	2.35.00
	Lower	<b>3.50.00</b>	<b>3.45.00</b>	<b>3.43.00</b>	3.40.00
<b>Ind. Med.-100m</b>	Upper	1.28.00	1.23.00	1.23.00	1.18.00
	Lower	<b>2.05.00</b>	<b>2.00.00</b>	<b>1.58.00</b>	<b>1.50.00</b>
<b>Ind. Med.-200m</b>	Upper	3:05.00	3:05.00	3:05.00	2:45.00
	Lower	<b>4.00.00</b>	<b>4.00.00</b>	<b>3.58.00</b>	<b>3.50.00</b>
<b>Female</b>		<i>50m</i>	<i>50m</i>	<i>50m</i>	<i>50m</i>
<b>Backstroke</b>	Upper	41.00	37.00	37.00	35.00
	Lower	<b>1.00.00</b>	<b>58.00</b>	<b>57.00</b>	<b>52.00</b>
<b>Breaststroke</b>	Upper	49.00	45.00	45.00	42.00
	Lower	<b>1.06.00</b>	<b>1.02.00</b>	<b>1.00.00</b>	<b>1.00.00</b>
<b>Butterfly</b>	Upper	41.00	38.00	38.00	35.00
	Lower	<b>1.02.00</b>	<b>58.00</b>	<b>56.00</b>	<b>53.00</b>
<b>Freestyle</b>	Upper	37.00	34.00	34.00	30.00
	Lower	<b>50.00</b>	<b>48.00</b>	<b>46.00</b>	<b>44.00</b>
<b>Freestyle-200m</b>	Upper	2.50.00	2.45.00	2.45.00	2.35.00
	Lower	<b>3.50.00</b>	<b>3.40.00</b>	<b>3.35.00</b>	<b>3.30.00</b>
<b>Ind. Med.-100m</b>	Upper	1.28.00	1.23.00	1.23.00	1.18.00
	Lower	<b>2.05.00</b>	<b>2.00.00</b>	<b>1.55.00</b>	<b>1.50.00</b>
<b>Ind. Med.-200m</b>	Upper	3:10.00	3:00.00	3:00.00	2.50.00
	Lower	<b>4.12.00</b>	<b>4.05.00</b>	<b>4.03.00</b>	<b>4.00.00</b>